

June 4, 2019



GLOBAL
WELLNESS
DAY®



*“One day,
can **change**
your whole life!”*

Saturday, June 8, 2019 | 9:30 a.m. – 12:30 p.m.

Silver Lake Library | 2411 Glendale Blvd.

Global Wellness Day Comes to Silver Lake

So we can all enjoy healthier and happier lives, the [Silver Lake Library](#) and [Silver Lake Together](#), will celebrate [Global Wellness Day](#) for the first time in Silver Lake.

Saturday, June 8

9:30 a.m. to 12:30 p.m.

Silver Lake Library

2411 Glendale Boulevard

The free event will take place on the upper and lower courtyards of the library with support from [Councilmember 13th District Mitch O'Farrell](#). According to event organizers there will be activities and information for people of all ages, from yoga and Tai Chi, to blood pressure screening, to wildlife wellness awareness. Under the slogan, “One day can change your Life,” Global Wellness Day, is celebrated in 130+ countries.



Saturday Suppers Serve People Experiencing Homelessness in Silver Lake

Thanks to a grant from CalMHSA and the generous support of several partners, the SELAH Neighborhood Coalition is hosting “Saturday Suppers” at The Silver Lake Community Church for those who are experiencing homelessness. The new program, which provides hot meals, showers and a yoga practice, is currently scheduled to run weekly from 2:30 p.m to 5:30 p.m. through June 15. (Thank you to community volunteer Cheryl Revkin for providing this information.)

[Register to Volunteer](#)

Hope for Concrete Street Repair in Silver Lake

The City of L.A.’s recently approved annual budget includes \$7 million for concrete street repair, which is good news for Silver Lake. The Bureau of Street Services is formulating repair programs for 1,184 miles of concrete streets in the City, of which 82 percent are said to be in poor condition. According to a Council District 4 press release, after decades of neglect, Councilmember David Ryu worked with City agencies and leaders to develop new solutions and a new source of funding for comprehensive and long-term concrete street repair. The budget also includes \$25 million for failed street reconstruction, and funding for the repair of alleyways and previously withdrawn streets.

Email editor@silverlaketogether.com to report a concrete street that needs repair.

[Read the press release](#)

[Read the concrete street report](#)



Then and Now: The Coffee Table

After serving as a community and creative hub for 14+ years, The Coffee Table restaurant closed in September 2011, to the dismay of its loyal patrons. Located on a then relatively quiet strip of Rowena Avenue in Silver Lake, the popular hangout was famous for its lovely outdoor patio, stunning mosaic tables and a delicious and extensive menu of comfort food. Owners Mike Zamarripa and Brett Schoenhals served locals and visitors three delicious meals a day and provided a creative home for area artists, writers and photographers. According to a *LA Weekly* article, The Coffee Table's lease was terminated after a real-estate-focused private investment firm bought the building, which was eventually replaced by a condo development.

Share your memories and photos of The Coffee Table by emailing editor@silverlaketogether.com.

[Read Article](#)



Photo: Glendale Line of the Pacific Electric system (aka "the Red Cars ") courtesy Paul Ayers

Red Cars Come (Back) to Silver Lake

On June 6, at the Silver Lake Library, historian Paul Ayers will take audience members on a visual journey on the famous Red Car Glendale Line. The iconic Red Cars connected North Glendale and Downtown Los Angeles, transporting passengers through Echo Park, Silver Lake and Atwater Village. Ayers was the son of a fireman on a railroad and his fascination with the Red Cars began after he rode the Pacific Electric Glendale Line on its last day, June 19, 1955, almost 65 years ago. This exceptional visual presentation, which is sponsored by the History Collective Committee, will remind attendees of what was lost when L.A.'s Red Cars were destroyed.

Ride the Red Cars to Glendale: A History of the Pacific Electric Line by Paul Ayers

History Collective Committee

6:30 p.m., Thursday, June 6

Silver Lake Library, 2411 Glendale Blvd.

[Read Article](#)

Let Us Know!

Need help with an issue in Silver Lake? Do you have ideas that will help our neighborhood or want to share community news?

[Email Us](#)

editor@SilverLakeTogether.com